

Programme

Empowering the well-being of learners and teachers in initial vocational education and training

Online workshop | 1 - 2 March

Erasmus+

Enriching lives, opening minds.

School education



Funded by the European Union

PROGRAMME

DAY 1

1 March | Plenary

Open to the public

15:00 – 15:30

Opening and Introduction

15.30 - 16:00

Keynote 1

Digital well-being of IVET teachers and students - *Irene Psifidou*

16:00 – 17:15

Workshop Slot 1 - 3 in parallel

WS1 Fostering well-being through critical thinking: the NERDVET model - *Silvia Genero*

WS2 How to Tackle IVET Well-being challenges in the Classroom - *Laura Martinez*

WS3 Building Resilience for Enhanced Wellbeing in IVET Learners - *Nikos Mouratoglou*

17:15 - 17:30

Short break

17:30 - 18:15

Partner Finding and Networking

DAY 2

2 March | Panel discussion and workshops

Participants have to attend both slots

10:15 – 10:45

Keynote 2

Mental health struggles IVET students - *Fatima Awil*

10:45 – 12:00

Workshop Slot 2 - 3 in parallel

WS4 Nurturing IVET Teachers Well-being - *Ines Verplancke*

WS5 Critical Thinking Skills and Media Literacy to improve IVET learners' Well-being - *Silvia Genero, Carla Spagnolo, Andrea Ceschi & Francesco Tommasi*

WS6 Head Higher, We are all Well-being Ambassadors - *Miia Ojala & Beatriz Diaz Fernandez*

12:00 - 12:45

Lunch break

12:45 – 13:30

Practices Sharing Session: Early School Leaving

13:30 - 14:45

Workshop Slot 3 - 2 in parallel

WS7 Nurturing IVET Teachers Well-being - *Ines Verplancke*

WS8 Head Higher, We are all Well-being Ambassadors - *Miia Ojala & Beatriz Diaz Fernandez*

14:45 - 15:00

Short break

15:00 - 15:30

Keynote 3

Promoting well-being in IVET: What IVET teachers can do

15:30 - 15:45

Closing